



dance | choreography

bloc, inc.

6100 Wilshire Blvd., Suite 1100

Los Angeles, CA 90048

PHONE: 323-954-7730

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Sarah Blades

Height: 5'6"

Eyes: Hazel

Hair Color: Dark Blonde

Television/Film

Katy Perry VMA Promo
MTV untitled pilot
Untitled Reality Project
85h Oscars
Bunheads
Teen Choice Awards
American Idol

Commercials

Apple
AAA Super Bowl Ad
Skechers
Wonderful Pistachios Super Bowl Ad
OPI Nail Polish
Gwenyth Athletic-wear
Uggs

Music Videos

Superhumanoids
Redwood Forest
Downtown Drive
Splits on Trees
Hungry Games

Live/Stage Performances

Museum of Contemp. Art
Remember The Magic
The Golden Mickeys
Disney Dreams
Toy Story, The Musical
Hong Kong Countdown
Holiday Spectacular

Print

Adam & Eve
Suffolk Point Shoe
Jag Thug
Sheisser
Kaligirl

Training

Acting: Margie Haber Studio

Voice: Laura Bergquist

Dance: Alvin Ailey & Baltimore School for the Arts- Linda Denise Fisher-Harrell, Norma Pera, Deborah Engerman

Special Skills

Gymnastics, Hula Hoop, Partnering, Tap dancer, Salsa, African dance, Swing dance, Stunts, Aerial/harness training, Spanish Web, Ballet, Pointe, Hip-hop, Catwalk, Sing, Whistle, Click consonant, Driver's license, Biking, Swimming, Crowd control, French braid, Green Screen

Lead
Laney- She's All That
Self
Usherette
Dancer
Paramore Dancer
Dancer

Lead Dancer
Lead Dancer
Dancer/Gymnast
Pistachio
Lead
Lead
Dancer

Lead Dancer
Girlfriend
Girlfriend
Dancer
Contestant

Lead dancer
Cinderella
Ariel, Cruella De Vil
Lead Dancer
Andy u/s, swing
Lead Dancer & Singer
Snow Queen

Eve
Pointe Shoe Model
Clothing Model
Clothing Model
Headband Model

MTV- Stacey Walker
MTV- Todrick Hall
MTV- Scooter Brown/Brian Graden
ABC- Rob Ashford
ABC Family- Marguerite Derricks
FOX- Chris Scott
FOX- Psy

Alejandro González Iñárritu
Michael Spiccia
Mandy Moore
Rich & Tone Talauega
Ilon Sharone
Michele Braxton
Becca Sweitzer

Erin Lamont
Alex Wong, Ashley Avis
Ashley Avis
Todrick Hall
Todrick Hall

Alex Magno
Dir: Phillip Hughes
Dir: Jen Lawrence
Dir: Phillip Hughes
Dir: Phillip Hughes
Chor: Shing Mak
Dir: Norma Pera

Mark Seliger
James Culp
Chachi Gonzalez
Angela Mackay
Natasha Kalimada